

### **QUESTION 3**

**HOW CAN I GET MY FATHER TO ACCEPT THE HELP HE NEEDS? WE HAVE A PROFESSIONAL CARER TO HELP, BUT HE DOES NOT LIKE HER AS A PERSON, AND WON'T LET HER DO ANYTHING FOR HIM.**

The SPECAL Care Profile is needed here. SPECAL care is not a straight drink which comes from the tap as soon as you turn it on. It is like a cocktail, and all the ingredients have to be assembled in the shaker right at the start to form a subtle blend. You then need some help in learning how to pour from the shaker, and we cover this in our Family & Friends training course. You will then find that you have a personalised formula, and the skills to use it appropriately to keep pace with the dementia 24 hours a day, every day, for life.

As soon as you have developed a SPECAL Care Profile for your father, you will find that this will be remarkably effective in making your professional carer acceptable to him in a way which simply is not possible at the moment. The Profile will also be applicable to all the other issues which come your way along the dementia journey.